

Stamford Strollers Return to Play Guideline

Pre-session

1. Participant numbers are limited based on pitch availability.
Taff to determine number of pitches available for each session and set numbers for each session accordingly. **Max players per 3g/grass pitch 7 a side** (plus a referee -who can be a player and a maximum of one substitute per team). No indoor games.
2. The **maximum number of attendees** for any session/s, including coaches & refs will be in line with current government advice (**currently 30 individuals**).
3. Players will need to register on the new **I'm In** site (<https://app.imin-app.com>) prior to a session to book their place. Players who have not pre-registered will not be allowed to take part in a session unless there is a spare place on the day and they complete the waiver.
4. **All players to complete a health and safety waiver form** prior to participation. The form is valid throughout their membership and can be downloaded from <https://www.stamfordstrollers.org.uk/contact> (at foot of the page)
5. All player **foreheads to be tested** prior to the session using the infra red thermometer. 38 degrees + is considered a high temperature and players exhibiting this will be asked to leave.
6. There will be **no age separation** due to squad numbers.
7. Players to **come already changed**.
8. Footballs and **session equipment will be disinfected** prior to each session
9. **Hand sanitisers** to be available. Players should sanitise hands before and after playing – gloves are optional. **Players are advised to bring their own hand sanitiser.**
10. All sessions to have a **host facilitator and be refereed**. (Note: refereeing a distanced game is difficult – players to be especially tolerant of referee calls). **Wherever possible the referee should be a non-player** but this can be a playing referee if necessary.
11. Players to pay for sessions **cashless** – this can be by **bank transfer** or **direct debit**. **As a last resort** Guy has offered to accept. Session fees £3 members / £4 non members or monthly payment of £10 (members only). – see payment information in Post Session section.
12. There will be a toilet available but **no showers**. Players to return home to shower.
13. Participants should **apply social distancing** on arrival and during warm-ups and obey any site restrictions as posted at Borderville. To aid this **all kit bags should be placed AT LEAST 1m apart** from others and social distancing followed during breaks in play.
14. Borderville now supports the NHS Covid 19 app and the necessary QR codes are located around the venue. All players are advised to use this app to help protect themselves and fellow players and to help the country fight this pandemic. More information on the app can be read here <https://www.nhs.uk/apps-library/nhs-covid-19/>

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During Play

1. All sessions played to **WFA rules** with changes/additions highlighted below.
2. For initial weeks until the situation improves, we will bring forward the distancing rules that were used in the 3v3 sessions. **Players to maintain 1m+ distance between themselves and their opponent.**
3. **Games will be STRICTLY NON CONTACT.**
4. **3 Touch** – for the interim all sessions will be played as 3 touch to reduce the number of potential collision incident.
5. **5 second rule** – players will only be allowed to hold onto the ball for a period of 5 seconds. They then must pass or shoot.
6. **No handshakes or hugs** or physical goal celebrations.
7. **Elbow/Fist bumping is not recommended.** This has become common place and whether it is safe is arguable. If someone does offer this do not feel embarrassed about declining.
8. Anyone considered to be **continuing to cough or splutter** will be asked to leave.
9. **No sharing of drinks, whistles or pens** or anything that could potentially infect others.
10. Players will be issued with a club two coloured bib and should retain this for all sessions. They should **wear their own kit** and not share any kit.
11. **Goalkeepers to bring and wear their own gloves.** There will be no club goalkeeper gloves available.
12. **Goalkeepers will only be used where a session has two players who wish to play in goal** and who have the correct kit.
13. **First-aiders** must wear protective gloves and masks when treating injuries.
14. **Reduce vociferous interactions during play** (shouting as opposed to talking increases the risk of viral infection)
15. **No spitting** – anyone doing so will be asked not to participate in future sessions.
16. Players need to **show self-discipline and respect to other players** who might still have concerns about contact.
17. For now all Stamford Stroller participation will be **non-competitive.**
18. **Facemasks are optional.**

Post Session

1. Any member/player **consistently in breach of the covid based rules** will be asked not to participate in further sessions.
2. Participants should **leave the area quickly** and following social distancing advice at the end of each session.
3. **No social drinks etc** after or before sessions at the club facilities.
4. **All bibs to be washed** after each session. Players responsible for their own club bib.
5. As far as possible members to be asked to install **Govt smart app when available.**
6. Players should **provide and wash their own kit.**
7. Players to **contact NHS Track & Trace if they develop symptoms post session.**
8. **Subs** can be paid via bank transfer or direct debit to:
Business Account: Stamford AFC The Young Daniels
Sort Code 30-12-96
Account 18059960
Use reference 'WF surname'